

*Lara E. Embry*  
*Curriculum Vitae*

**EDUCATION**

University of Washington, Ph.D., Clinical Psychology, 2004.

James A. Haley Veterans Affairs Medical Center, Clinical Internship, 2004.

University of Washington, MS, Clinical Psychology, 2001.

Columbia University, MA, Philosophy, 1994.

Smith College, BA, Philosophy, 1991.

**FELLOWSHIPS, GRANTS, HONORS AND AWARDS RECEIVED**

Robert C. Bolles Fellowship. University of Washington, Seattle, WA. 1999

Wagner Memorial Fund Award. University of Washington, Seattle, WA 1999

Presidential Fellowship. Columbia University, New York, NY 1993

**EMPLOYMENT**

**Carter Psychology Center**

**2004-Present**

6016 26<sup>th</sup> Street West, Suite #2

Bradenton, FL 34207

E-mail: LEE@carterpsych.com

Individual, Couple and Family Psychotherapy

Psychological Evaluations- Adults, Adolescents and Children

Forensic Consultation and Evaluation

**New College of Florida**

**2002-2004**

5700 North Tamiami Trail

Sarasota, FL 34243

Adjunct Instructor, for Personality Psychology and Statistics in the Behavioral Sciences

**CLINICAL POSITIONS**

8/99- 2/00

**Practicum Student Therapist. Relapse Prevention with Distressed Couples.** University of Washington, Seattle Washington.

*Conducted manualized cognitive behavioral couple therapy as part of research study conducted by John Gottman, Ph.D. of the effectiveness of a relapse prevention program for use with distressed couples following marital therapy.*

- 7/99- 7/00      **Practicum Student Therapist. Autism Clinic**, Center for Human Development and Disability. University of Washington Medical Center, Seattle, Washington.  
*Conducted neuropsychological testing of children and adolescents being assessed for possible developmental disabilities. Conducted individual and group therapy with children and adolescents with autism spectrum disorders.*
- 9/98- 6/99      **Practicum Student Therapist. Rehabilitation Psychology**, Children's Hospital and Regional Medical Center. Seattle, Washington.  
*Conducted assessments and therapy with children, adolescents and families referred for psychological consultation and therapy by attending physicians. Provided psychology consultation services to multidisciplinary rehabilitation medicine team.*
- 9/97- 7/01      **Staff Therapist.** Psychological Services and Training Clinic. University of Washington.  
*Provided intake assessments and long- term therapy with self-referred adult, adolescent and family clients in an outpatient treatment setting.*
- 11/95-4/95      **Psychological Test Administrator and Clinical Interviewer.**  
*Conducted cognitive assessments and clinical interviews with adolescents in the juvenile justice system in King County, WA.*
- 5/95- 6/95      **Clinical Research Interviewer.**  
*Conducted interviews with homeless adolescents regarding substance use and HIV risk behaviors for an AIDS intervention program evaluation.*

### **RESEARCH POSITIONS**

- 9/02- Present      **Independent Statistical Consultant.** Sarasota, Fl.
- 9/99- 7/01      **Research Assistant.** "Kid's World Project." University of Washington.
- 1/99- 7/00      **Data Analyst.** "Maternal Depression Project." University of Washington.
- 6/97- 9/99      **Project Coordinator.** "Children Families and Neighborhoods Project." University of Washington.
- 8/96-12/96      **Research Coordinator.** "Transition to Adolescence Project." University of Washington.
- 6/96-12/96      **Senior Research Assistant.** "Family and Friends Project." University of Washington.
- 10/95-6/96      **Research Assistant.** "Family and Friends Project." University of Washington.
- 9/95-9/96      **Research Assistant.** "Homeless Adolescent Project." University of Washington.
- 7/95-9/95      **Research Coordinator.** YouthCare Inc., Seattle WA.
- 3/95- 4/96      **Research Assistant.** Seattle Children's Home, Seattle, WA.
- 1/94-8/94      **Research Assistant.** Dissociative Disorders Clinic, Bellevue Hospital, New York, NY

## **TEACHING POSITIONS**

9/02- Present     **Adjunct Instructor.** Division of Social Sciences, New College of Florida.  
6/98- 9/98       **Adjunct Co-Instructor.** Department of Education, Western Washington  
                          University.  
3/01-6/01        **Co-Instructor.** Department of Psychology, University of Washington.  
9/96-3/01        **Teaching Assistant.** Department of Psychology, University of Washington.

### Courses Taught

Personality, Statistics, Assessment of Intelligence, Social and Emotional Development, Psychobiology of Women, Research Methods, Introductory Psychology.

## **PUBLICATIONS**

Dawson, G., Ashman, S., Panagiotides, H., Hessl, D., Self, J., Yamada, E., & Embry, L. (2003). Preschool outcomes of children of depressed mothers: Role of maternal behavior, contextual risk, and children's brain activity. *Child Development, 74*(4), 1158-1175.

Embry, L., & Dawson, G., (2001). Disruptions in parenting behavior related to maternal depression: Influences on children's behavioral and psychobiological development. In J. Borkowsky, S. Ramey, and M. Bristol-Power (eds.) *Parenting and the Young Child's World*. NJ: Erlbaum.

Dawson, G., Ashman, S., Hessl, D., Spieker, S., Frey, K., Panagiotides, H., & Embry, L. (2001). Autonomic and brain electrical activity in securely and insecurely attached infants of depressed mothers. *Infant Behavior and Development, 24* (2), 135-149.

Embry, L.E., Evens, C., Vander Stoep, A., Ryan, K.D. & Pollack, A. (2000). Risk factors for homelessness in adolescents released from psychiatric residential treatment. *Journal of the American Academy of Child and Adolescent Psychiatry, 39*(10), 1293-1299.

Cauce, A.M., Paradise, M., Ginzler, J., Embry, L.E., Morgan, C., Lohr, Y. & Theofelis, J. (2000). The characteristics and mental health of homeless adolescents: Age and gender differences. *Journal of Emotional and Behavioral Disorders, 8* (4), 230-239.

Maclean, M.G., Embry, L.E., & Cauce, A.M. (1998). Family separation reasons, family characteristics, and psychological adjustment among homeless adolescents. *Journal of Community Psychology, 27* (2), 179-187.

Cauce, A.M., Paradise, M., Embry, L.E., Lohr, Y., Sy, J., Morgan, C., Moore, L., Theofelis, J., & Wagner, V. (1998). Homeless youth in Seattle: Youth characteristics, mental health needs, and intensive case management. In K. Kutash, A. Duchnowski, & M. Epstein (Eds.) *Community based programming for children with serious emotional disturbance: Research and evaluation*. Tampa, FL: University of South Florida Press.

## **PROFESSIONAL PRESENTATIONS**

Embry, L., & Lengua, L. (2003). Issues in the measurement of resilient outcomes in a community sample. Poster presented at the annual meeting of the American Psychological Society, Atlanta, GA, May 29<sup>th</sup> – June 1<sup>st</sup>.

Trancik, A. Lengua, L. Embry, L.E. (2001). Modeling physiological reactivity and implications for temperament and adjustment. Poster presented at the Biennial Conference of the Society for Research in Child Development, Minneapolis, MN, April 19<sup>th</sup> – 22<sup>nd</sup>.

Embry, L.E., Kovacs, E., Lengua, L., Taylor, A. (1999). Adjustment in childhood: A test of the relation between positive and negative adjustment. Poster presented at the Biennial Conference of the Society for Research in Child Development, Albuquerque, NM, April 15<sup>th</sup> – 18<sup>th</sup>.

Embry, L. E. & Lohr, Y. (1997). Mental health of homeless adolescents: Age and gender differences in a heterogeneous population. Poster presented at the Biennial Conference of the Society for Research in Child Development, Washington DC, April 4<sup>th</sup> – 7<sup>th</sup>.

Maclean, M. G., & Embry, L.E. (1997). Family separation reasons, and psychological adjustment among homeless adolescents. Poster presented at the Biennial Conference of the Society for Research in Child Development, Washington DC, April 4<sup>th</sup> – 7<sup>th</sup>.

Embry, L.E., Evens, C., Ryan, K.D., Pollack, A. & Vander Stoep, A. (1996). Risk factors for homelessness among deinstitutionalized youth: Abuse and learning disabilities. Poster presented at the 8th Annual Convention of the American Psychological Society. San Francisco, CA, June 29<sup>th</sup> – July 2<sup>nd</sup>.

Ryan-Finn, K.D., Kilmer, R., Cauce, A.M., & Embry, L.E. (1996). Impact of childhood physical and sexual abuse on homeless adolescents: Untangling the effects of abuse from the effects of family disorganization and neglect. Poster presented at the 8th Annual Convention of the American Psychological Society. San Francisco, CA, June 29<sup>th</sup> – July 2<sup>nd</sup>.

Maclean, M. G., Cauce, A.M., Embry, L.E. (1996). Family separation reasons, family characteristics, and psychological adjustment among homeless adolescents. Poster presented at the Third Annual Family Research Consortium Summer Institute, San Diego, CA, June 20<sup>th</sup> – 23<sup>rd</sup>.

Ryan-Finn, K.D., Kilmer, R., Cauce, A.M. & Embry, L.E. (1996). Psychological consequences of child maltreatment in a homeless adolescent population. Poster presented at the First National Conference on Children Exposed to Family Violence, Austin, TX, June 6<sup>th</sup> – 8<sup>th</sup>.

## **PROFESSIONAL AFFILIATIONS**

American Psychological Society, Graduate Student Affiliate  
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Society for Research in Child Development, Graduate Student Affiliate